Elementary Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	SERTEMPER OCTORER 2004
9/2/24	9/3/24	9/4/24	9/5/24	9/6/24	SEPTEMBER-OCTOBER 2024
	7/3/24	7/4/24	7/3/24	7/0/24	What is a Meal?
HAPPY					You must choose at least 3 of the
LABOR					4 components available for the
					school breakfast price.
Day					Choice of: Grain or grain/protein
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Choice of fruit or vegetable
or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	(must take at least a 1/2 cup)
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	and
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk Choice of Milk - 1% white, fat-free white, chocolate, vanilla and
9/9/24	9/10/24	9/11/24	9/12/24	9/13/24	
Mini Cinni Bagel	French Toast Bar	Banana Bread	Chocolate Chip Muffin	Yogurt	white, chocolate, vanilia ana strawberry
Goldfish Graham	Goldfish Graham		Goldfish Graham	with Graham Crackers	Sildwbelly
Apple Slices	Apple	Whole Pear	Orange	Banana	You must take at least 1/2 cup of
Juice Cup	Mixed Fruit Cup	Diced Peaches	Apple Slices	Mixed Fruit	fruit or vegetable
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	
or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	mis moto by
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Provide Advanced to a first start
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Fruit May Include:
					Canned peaches, applesauce,
9/16/24	9/17/24	9/18/24	9/19/24	9/20/24	pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit
Blueberry Muffin	Mini Filled Bagel	Strawberry Poptart	Blueberry Bread	Oatmeal Chocolate Chip Bar	
Goldfish Graham	5	with Graham Crackers	,	with Graham Crackers	selection including apples,
Apple Slices	Orange	Diced Pineapple	Mixed Fruit Cup	Banana	bananas and oranges
Juice Cup	Diced Pears	Banana	Orange	Mixed Fruit	•
Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	Assorted 100% Fruit Juice	
or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	or Assorted Fresh Fruit or	Wheele Crain Core of Day
Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Assorted Canned Fruit	Whole Grain Cereal Bar
Choice of Milk	Choice of Milk	Choice of Milk	Chains of Milk	OL -1 (M21)	Selection May Include:
2		CHOICE OF WITK	Choice of Milk	Choice of Milk	Selection May Include:
9/23/24	9/24/24	9/25/24	9/26/24	9/27/24	Cinnamon Toast Crunch
					Cinnamon Toast Crunch Trix
9/23/24 Blueberry Bread	9/24/24 Mini Filled Bagel Goldfish Graham	9/25/24 Apple Strudel Scobby Graham	9/26/24 Oatmeal Chocolate Bar	9/27/24 Yogurt with Graham Crackers	Cinnamon Toast Crunch Trix Cocoa Puffs
9/23/24 Blueberry Bread Apple Slices	9/24/24 Mini Filled Bagel Goldfish Graham Apple	9/25/24 Apple Strudel Scobby Graham Banana	9/26/24 Oatmeal Chocolate Bar Apple Slices	9/27/24 Yogurt with Graham Crackers Banana	Cinnamon Toast Crunch Trix Cocoa Puffs Fruity Cheerios
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