September-October 2024

# Palmerton Area School District
## ELEMENTARY LUNCH MENU

Lunch Prices
Student $2.95
Reduced $.0
Adult-$4.65

**Edward Welch**
Food Service Director
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USDA is an equal opportunity provider and employer.
Menu subject to change based on product availabilty

| CHICKEN Monday | TACO Tuesday | PASTA Wednesday | Breakfast for Lunch Thursday | PIZZA Friday |
|---|---|---|---|---|
| **9/2/24** HAPPY LABOR DAY | **9/3/24** | **9/4/24** | **9/5/24** | **9/6/24** |
| **9/9/24** 1. Chicken Tenders with Pretzel Stick or 2. Cheese Burger on WG Bun **Featured Veggies:** Smiley Fries Tomato and Mozzarella Salad Choice of Fruit Choice of Milk | **9/10/24** 1. Walking Taco with a Pretzel Stick or 2. Chicken Ranch BLT on Flatbread **Featured Veggies:** Green Peas Chickpea Salad Choice of Fruit Choice of Milk | **9/11/24** 1. Stuffed Shells Garlic Bread Stick or 2. Cowboy Burger On a Bun **Featured Veggies:** Glazed Carrots Cucumber Slices Choice of Fruit Choice of Milk | **9/12/24** 1. Waffles with Sausage Patties or 2. BBQ Chicken and Cheese On a Roll **Featured Veggies:** Buttered Corn Baby Carrots Choice of Fruit Choice of Milk | **9/13/24** 1. Stuffed Crust Pizza or 2. Loaded Periogies with Pepperoni and Mozzarella **Featured Veggies:** Mixed Vegetables Spinach Salad Choice of Fruit Choice of Milk |
| **9/16/24** 1. Chicken Patty On a Bun or 2. Toasted Cheese Sandwich w/ Tomato Soup **Featured Veggies:** Mixed Vegetables Garden Salad Choice of Fruit Choice of Milk | **9/17/24** 1. Beef Taco on Soft Shell or 2. BBQ Ribby on a bun **Featured Veggies:** Baked Beans Celery with Ranch Choice of Fruit Choice of Milk | **9/18/24** 1. Macaroni & Cheese with Garlic Bread or 2. Asian Sesame Chicken Over Rice **Featured Veggies:** Steamed Broccoli Baby Carrots Choice of Fruit Choice of Milk | **9/19/24** 1. Dutch Waffles with Sausage Patty or 2. Popcorn Chicken with Goldfish **Featured Veggies:** Butternut Squash Cauliflower Salad Choice of Fruit Choice of Milk | **9/20/24** 1. Cheese Pizza Sticks with dipping sauce or 2. Mini Corn Dogs with Dinner Roll **Featured Veggies:** Green Beans Cucumber Salad Choice of Fruit Choice of Milk |
| **9/23/24** Chicken in Gravy Over Waffles or Meatball Sub on a Bun **Featured Veggies:** Buttered Corn Broccoli Salad Choice of Fruit Choice of Milk | **9/24/24** Walking Taco Pretzel Sticks or Chicken Tenders w/ Pretzel stick **Featured Veggies:** Refried Beans Cherry Tomatoes Choice of Fruit Choice of Milk | **9/25/24** Chicken Alfredo with Garlic Knot or Hot Dog on a Bun **Featured Veggies:** Streamed Broccoli Cucumner Slices Choice of Fruit Choice of Milk | **9/26/24** 1. Pancake Sausage on a Stick or 2. Cheese Burger on a Bun **Featured Veggies:** Curly Fries Baby Carrots Choice of Fruit Choice of Milk | **9/27/24** 1. Pepperoni Pizza or 2. Fish Sticks w/ Dinner Roll **Featured Veggies:** Oven Browned Sweet Potato Sweet Pepper Sticks Choice of Fruit Choice of Milk |
| **9/30/24** 1. Chicken and Mashed Potato Bowl w/ Roll or 2. Hot Dog On a Bun **Featured Veggies:** Peas Chick Pea Salad Choice of Fruit Choice of Milk | **10/1/24** 1. Nachos Grande w/ Chicken Over Nacho Chips or 2. Bacon Cheeseburger on a Bun **Featured Veggies:** Glazed Carrots Cherrty Tomatoes Choice of Fruit Choice of Milk | **10/2/24** 1. Cheesy Beef Macaroni with Dinner Roll or 2. Chicken Patty on a Bun **Featured Veggies:** Broccoli with Cheese Sauce Baby Carrots Choice of Fruit Choice of Milk | **10/3/24** 1. Sausage, Egg and Cheese on a Pancake or 2. Chicken Parmesan on a Bun **Featured Veggies:** Mixed Vegetables Celery Sticks with Ranch Choice of Fruit Choice of Milk | **10/4/24** 2. French Bread Pizza 2. Smothered Pierogis Bacon Cheddar **Featured Veggies:** Smiley Fries Cucumber Slices Choice of Fruit Choice of Milk |
| **10/7/24** 1. Chicken Nuggets Smiley Fries or 2. Hot Ham and Cheese on a Crossiant **Featured Veggies:** Steamed Broccoli Cucumber Slices Choice of Fruit Choice of Milk | **10/8/24** 1. Nachos Grande w/ Beef Over Nacho Chips or 2. Mozzarella Sticks with Marinara **Featured Veggies:** Refried Beans Cherry Tomatoes Choice of Fruit Choice of Milk | **10/9/24** 1. Pasta with Meatballs Garlic Stick or 2. Chicken Patty On a Roll **Featured Veggies:** Mixed Vegetables Ceasar Salad Choice of Fruit Choice of Milk | **10/10/24** 1. French Toast Sticks with Sausage Links or 2 BBQ Rib Patty on a Bun **Featured Veggies:** Tater Tots Cole Slaw Choice of Fruit Choice of Milk | **10/11/24** 1. Cheese Pizza or 2. Mini Corn Dogs with Dinner Roll **Featured Veggies:** Steamed Green Beans Baby Carrots Choice of Fruit Choice of Milk |