## Junior & High School Breakfast Menu

| Monday                    | Tuesday                                 | Wednesday                              | Thursday   | Friday  |
|---------------------------|---|--|--|---|
| 11/25/24                  | 11/26/24                                | 11/27/24                               | 11/28/24   | 11/29/24  |
| Waffles                   | Breakfast Pizza                         | Ham, Egg and Cheese                    |  |   |
| w/ syrup                  | with Egg and Bacon                      | on English Muffin                      |  |   |
| or                        | or                                      | or                                     |  | NO SCHOOL   |
| Blueberry Pop tart        | Banana Muffin                           | Blueberry Muffin                       | <u> </u>   |   |
| Goldfish Graham           | Goldfish Graham                         | Goldfish Graham                        |  |   |
| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice               | Assorted 100% Fruit Juice              |  |   |
| & Assorted Fresh          | & Assorted Fresh                        | & Assorted Fresh                       | İ  | İ   |
| or Canned Fruit           | or Canned Fruit                         | or Canned Fruit                        |  |   |
| Choice of Milk            | Choice of Milk                          | Choice of Milk                         | 10/5/04  | 10///04   |
| 12/2/24                   | 12/3/24                                 | 12/4/24                                | 12/5/24  | 12/6/24   |
|                           | Breakfast Pizza                         | Pancake Battered Sausage               | Mini strawberry Filled Bagel   | Chocolate Chip French Toast   |
| NO SCHOOL                 |   |  |  | with Syrup  |
| NO SCHOOL                 | Or<br>Davidana d David                  | Or<br>Dannan Danad                     | Or<br>Observator Obje Marffer  | Or<br>Don to d  |
|                           | Powdered Donut                          | Banana Bread                           | Chocolate Chip Muffin  | Pop tart<br>with Scooby Graham  |
|                           | with Goldfish Graham                    | A                                      | Scooby Graham  |   |
|                           | Assorted 100% Fruit Juice               | Assorted 100% Fruit Juice              | Assorted 100% Fruit Juice  | Assorted 100% Fruit Juice   |
|                           | & Assorted Fresh                        | & Assorted Fresh                       | & Assorted Fresh   | & Assorted Fresh  |
|                           | or Canned Fruit                         | or Canned Fruit                        | or Canned Fruit  | or Canned Fruit   |
| 12/9/24                   | Choice of Milk 12/10/24                 | Choice of Milk 12/11/24                | Choice of Milk 12/12/24  | Choice of Milk 12/13/24   |
| Pancakes with Syrup       | Breakfast Pizza                         | Yogurt Parfait with Granola            | Bacon, Egg and Cheese  | Chocolate Chip Waffles  |
| Fancakes with Syrup       | with Egg and Sausage                    | roguit Fariait Willi Granola           | on a Biscuit   | with Syrup  |
| or                        | or                                      | or                                     | Of a Discuit   | or  |
| Blueberry Muffin          | Banana Chocolate Bar                    | Cherry Strudel                         | Blueberry Bread  | Apple Cinnamon Muffin   |
| with Scooby Graham        | Danana Onocolate Dai                    | Cherry Struder                         | bluebelly bleau  | Goldfish Graham   |
| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice               | Assorted 100% Fruit Juice              | Assorted 100% Fruit Juice  | Assorted 100% Fruit Juice   |
| & Assorted Fresh          | & Assorted Fresh                        | & Assorted Fresh                       | & Assorted Fresh   | & Assorted Fresh  |
| or Canned Fruit           | or Canned Fruit                         | or Canned Fruit                        | or Canned Fruit  | or Canned Fruit   |
| Choice of Milk            | Choice of Milk                          | Choice of Milk                         | Choice of Milk   | Choice of Milk  |
| 12/16/24                  | 12/17/24                                | 12/18/24                               | 12/19/24   | 12/20/24  |
| Blueberry Pancakes        | Breakfast Pizza                         | Pancake Battered Sausage               | Yogurt Parfait with Granola  | Hot Ham and Cheese  |
| with Syrup                | with Egg and Sausage                    | on a Stick                             | with Syrup   | on English Muffin   |
| or                        | or                                      | or                                     | or   | or  |
| Banana Bread              | Oatmeal Chocolate Chip Bar              | Cereal Bar                             | Mini filled Bagel  | Banana Bread  |
|                           | , | Goldfish Graham                        |  |   |
| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice               | Assorted 100% Fruit Juice              | Assorted 100% Fruit Juice  | Assorted 100% Fruit Juice   |
| & Assorted Fresh          | & Assorted Fresh                        | & Assorted Fresh                       | & Assorted Fresh   | & Assorted Fresh  |
| or Canned Fruit           | or Canned Fruit                         | or Canned Fruit                        | or Canned Fruit  | or Canned Fruit   |
| Choice of Milk            | Choice of Milk                          | Choice of Milk                         | Choice of Milk   | Choice of Milk  |
| 12/23/24                  | 12/24/24                                | 12/25/24                               | 12/26/24   | 12/27/24  |
|                           |   |  |  |   |
| Winter Break              | Winter Break                            | Mevry<br>Christmas<br>© нарру new year | Winter Break   | Winter Break  |
| Winter Break              | Winter Break                            | Mevry<br>Christmas<br>© HAPPY NEW YEAR | Winter Break   | Winter Break  |
| _                         |   | &) HAPPY NEW YEAR                      |  |   |
| _                         |   | &) HAPPY NEW YEAR                      | 1/2/25   | 1/3/25  |
| _                         |   | &) HAPPY NEW YEAR                      | 1/2/25<br>Waffles  | 1/3/25 Sausage, Egg and Cheese  |
| _                         |   | 1/1/25                                 | 1/2/25<br>Waffles<br>with Syrup  | 1/3/25 Sausage, Egg and Cheese on a Donut   |
| 12/30/24                  |   | &) HAPPY NEW YEAR                      | 1/2/25<br>Waffles<br>with Syrup<br>or  | 1/3/25 Sausage, Egg and Cheese on a Donut or  |
| _                         |   | 1/1/25                                 | 1/2/25 Waffles with Syrup or Blueberry Muffin  | 1/3/25 Sausage, Egg and Cheese on a Donut or  |
| 12/30/24                  |   | 1/1/25                                 | 1/2/25  Waffles with Syrup or Blueberry Muffin Goldfish Graham                           | 1/3/25 Sausage, Egg and Cheese on a Donut or French Toast Bar                           |
| 12/30/24                  |   | 1/1/25                                 | 1/2/25  Waffles with Syrup or Blueberry Muffin Goldfish Graham Assorted 100% Fruit Juice | 1/3/25 Sausage, Egg and Cheese on a Donut or French Toast Bar Assorted 100% Fruit Juice |

## What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein Choice of fruit or vegetable (must take at least a 1/2 cup) and Choice of Milk Choice of Milk - 1% white, fat-free

white, chocolate, vanilla and strawberry You must take at least 1/2 cup of

## Whole Grain Cereal Selection May Include:

fruit or vegetable

Cinnamon Toast Crunch Trix Cocoa Puffs Fruity Cheerios Cheerios Fruit Loops Lucky Charms

Served with Toast

## Daily Fruit Selection May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange, fruit punch, grape, orange pineapple, fresh fruit selection including apples, bananas and oranges, pears, other seasonal fruit as available.

General Manager Edward Welch

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Menu is subject to change based on product availability

This institution is and equal opportunity provider and employer

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**Student Paid Breakfast \$0** 

**Student Reduced Breakfast \$0** 

Adult Breakfast \$2.85